



Bedford School Uniform information

Students attending Esland Bedford School may find wearing school uniform challenging for a number of reasons, whether they be sensory issues associated with traditional uniform items such as collars or buttons, or the need for familiarity of certain items of clothing to help manage anxiety. As a result, the school does not have specific expectations around uniform and students are able to wear what they feel comfortable wearing to school. However, if students do wish to wear a uniform we recommend the following:

- White shirt/polo shirt/t-shirt
- Black school trousers/joggers
- Black school shoes/trainers
- Black or navy jumper/pullover/hoodie

If students choose not to wear uniform, we do require students to wear clothing that is sensible and safe – the following items are examples of clothing that are inappropriate to be worn to school:

- Vests/tank tops
- Low cut tops
- Crop tops
- Short shorts/cycling shorts
- Pyjamas
- Open toe sandals or flip flops
- Slippers
- Any clothing with inappropriate slogans or logos